



Physical Therapy Interventions for the Dizzy Patient

Thomas Eby, MD; William Mustain, PhD, Susan Geiger, PT, MBA

May 16, 2008

Methodist Rehabilitation Center – Second Floor Conference Center - Registration opens at 12:30 PM.

General Description:

This education activity will cover history taking in the patient with dizziness and assignment into groups by most likely causes. A brief examination of the patient with pertinent positive findings will be reviewed and the presenter will describe different types of nystagmus elicited with clinical tests. It will include a discussion of objective assessments for vestibular function and the implication of these findings for management of dizziness. A demonstration lab will be included in the physical therapy portion of the presentation.

Objectives

At the completion of the course the participant should be better able to:

1. Describe how the character, duration and associated symptoms help make the diagnosis of dizziness.
2. Describe typical eye movements for different disorders in evaluation of dizziness
3. Perform a brief examination for evaluation of dizziness
4. Describe objective assessments of vestibular function
5. Discuss implications of these findings for treatment / management
6. Describe physical therapy assessments for dizziness and balance disorders
7. Demonstrate physical therapy interventions for dizziness
8. Identify complications that require further medical assessment

Agenda

- 1:00 Medical background – the basis of dizziness
1:30 Clinical evaluation of the vestibular system
2:30 Physical therapy interventions
5:00 Evaluation & Adjourn

Continuing Education Credit

Physical Therapists – This activity is approved by the Mississippi State Board of Physical Therapy for 4 clinical contact hours of CE for physical therapists and physical therapy assistants during the July 1, 2007 through June 30, 2008 licensure period

Refund/Cancellation Policy:

Registration is considered complete upon receipt of tuition. Full refunds will be granted up to 5-2-08. After 5-2-08, no refund will be granted; however, a qualified substitute participant will be accepted. MRC reserves the right to cancel or modify the advertised agenda as long as this does not substantially affect the objectives. MRC will grant a timely refund to all fully registered individuals if applicable.

Accommodations: In accordance with the ADA requirements, if you are disabled and require special services, contact our office at least one week prior to the date of the presentation.

Faculty

Thomas Eby, MD, FACS completed his medical education at the University of Wisconsin; he completed residencies in general surgery at the University of Minnesota Hospital and in Otolaryngology at the Massachusetts Eye and Ear Infirmary. He completed fellowships in Otopathology at Mass Eye and Ear and in Neurotology at Universitätsspital Zurich. Since completing his training, Dr. Eby has worked in private practice and held academic appointments at the University of Alabama and now at the University of Mississippi School of Medicine where he is Professor, Department of Otolaryngology and Communicative Sciences and Adjunct Professor of Neurosurgery. In addition to his clinical practice, Dr. Eby has pursued multiple research interests which include vestibular test development. He has published in referred journals and lectured widely in this country and internationally.

William Mustain, PhD received a MEd in Deaf Education and a PhD in Audiology from the University of Virginia. He is currently Assistant Professor and Chief, Division of Communicative Sciences, Department of Otolaryngology & Communicative Sciences at the University of Mississippi School of Medicine and he serves as director of the Communicative Sciences Department and the Clinical Vestibular Laboratory, University of Mississippi Health Care. He is adjunct faculty in the Department of Communicative Sciences and Disorders at the University of Mississippi (Oxford Campus). Dr. Mustain's research interests focus on understanding the physiologic foundation of balance disorders; he has been involved in clinical evaluation of patients with balance disorders for over 25 years.

Susan Geiger, PT, MBA completed her physical therapy degree at the University of Mississippi Medical Center and her MBA at Millsaps College. She currently practices at Methodist Rehabilitation Center where she maintains a clinical practice emphasizing balance and vestibular rehabilitation and serves as the manager of Outpatient Growth and Development. Ms Geiger successfully completed the APTA approved Vestibular Rehabilitation: A Competency Based Course in 2005.

Tuition: \$90.00

To register, contact: Lisa Nichols at 601-364-3550 or e-mail lnichols@mmrc rehab.org

Disclosure: Presenters and planning committee members participating in continuing medical education activities sponsored by Methodist Rehabilitation Center are expected to disclose to the activity audience any real or apparent conflict(s) of interest related to the content of their presentation. The planning committee members and faculty have signed disclosure forms and have stated they have no conflicting interests related to this education activity.

Registration Information:

Name: _____
Address: _____

Profession: _____
Phone: _____ Email _____