



CLINICAL NEUROPSYCHOLOGY SEMINAR SERIES 2010

Emotional Adjustment Following SCI

Potential Problems, Causes, and Management in the Acute Rehabilitation Setting:

Susan Hermes, PhD

Wednesday, January 20, 2010

NOON

**Methodist Rehabilitation Center
Second Floor Conference Center**

Series Objective:

Promote clinical excellence for patients receiving neurological rehabilitation by

1. Enhancing knowledge of brain-behavior relationships
2. Enhancing the ability of clinicians to critique the scientific literature
3. Enhancing knowledge of evidenced based practice for treating patients in rehabilitation settings
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Learning Objectives:

Participants will be better able to:

1. Describe symptoms of emotional adjustment problems experienced by some patients with SCI.
2. Discuss potential negative effects of poor emotional adjustment on patients' rehabilitation and recovery.
3. Distinguish between active vs. avoidant coping and discuss ways to encourage effective coping strategies.

Commercial Support

Neither Dr. Hermes nor members of the planning committee have commercial support relationships to disclose.

About the speaker:

Susan Hermes, PhD earned her doctorate in clinical psychology at Harvard University and her bachelor of arts in psychology from Yale University. She completed her internship in clinical psychology at Bellevue Hospital in New York, NY and a two-year postdoctoral fellowship in health psychology at St. Jude Children's Research Hospital in Memphis. She joined the Neuropsychology Department at Methodist in April, 2009 and provides inpatient and outpatient counseling/psychotherapy services to MRC patients with primarily spinal cord, orthopedic and traumatic brain injuries. Her research interests include predictors of emotional growth following spinal cord injury.

Continuing Education Credit

Satisfactory completion of this activity requires a minimum attendance at 90% of the lecture and completion of an activity assessment and self assessment of achievement of learning objectives. Satisfactory completion of the activity is required for continuing education credit to be awarded.

Psychologists: Methodist Rehabilitation Center is approved by the American Psychological Association to offer continuing education for psychologists. Methodist Rehabilitation Center maintains responsibility for this activity.

Methodist Rehabilitation Center sponsors this activity for 1 hour of continuing education for psychologists

Occupational Therapists: Methodist Rehabilitation Center is an AOTA Approved Provider of continuing education. This activity is designated for .1 AOTA CEU. The assignment of AOTA CEUs does not imply endorsement of specific course content, products or clinical procedures by AOTA.

Nurses: This activity was approved for 1 contact hours of continuing education credit by Methodist Rehabilitation Center which is an approved provider of continuing nursing education activity by the Mississippi Nurses Foundation, Inc., an accredited approver by the American Nurses Credentialing Center Commission on Accreditation. Accredited status refers only to continuing nursing education activities and does not imply ANCC Commission on Accreditation approval or endorsement of any commercial products.

Tuition: \$25.00; contact Lisa Nichols to register – 601-364-3550 or lnichols@mmrc rehab.org